

## **Prayers/ Precepts by Grade Level**

### **Level 2:**

#### **Grace before Meals**

Bless us, O Lord, and these your gifts  
which we are about to receive from your goodness  
through Christ our Lord. Amen.

#### **Grace after Meals**

We give you thanks, Almighty God, for all your benefits,  
who lives and reigns, world without end. Amen.

#### **Act of Contrition**

My God, I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against you whom I should love above all things.  
I firmly intend, with your help,  
to do penance, to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ suffered and died for us.  
In his name, my God, have mercy. Amen.

#### **Law of Love**

Love God with your whole heart, soul, mind, and strength. Love your neighbor as you  
love yourself.

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**Level 2**